

# Where Does Your Food Come From?

Ever wonder where your food comes from? The average distance a single food item travels from the farm to your table is 1500 miles. That's like driving from Boston, Massachusetts to Omaha, Nebraska! Listed below are a selection of common produce found in super markets, and the top states that produce them.

Produce	State	Capital City
Apples	Washington, New York, Michigan	Olympia, Albany, Lansing
Bananas	Hawaii, Florida	Honolulu, Tallahassee
Beef	Texas, Nebraska, Kansas	Austin, Lincoln, Topeka
Broccoli	California, Arizona	Sacramento, Phoenix
Butter	California, Wisconsin, Pennsylvania	Sacramento, Madison, Harrisburg
Carrots	California, Texas, Florida	Sacramento, Austin, Tallahassee
Cheese	Wisconsin, California, Idaho	Madison, Sacramento, Boise
Chicken	Georgia, Arkansas, Alabama	Atlanta, Little Rock, Montgomery
Corn	Iowa, Illinois	Des Moines, Springfield
Grapes	California, Washington, Oregon	Sacramento, Olympia, Salem
Lettuce	California	Sacramento
Milk	California, Wisconsin, Idaho	Sacramento, Madison, Boise

